

**Sunday, February 22, 2026**  
**10:00am Morning Worship Service**  
**Sermon Outline**  
**Pastor William Pilkington**  
**Good Shepherd Baptist Church**

**AND THE LORD HELPED ME**  
**Main Text: Psalm 121:1-2**

**1. WHAT IT MEANS TO RECEIVE HELP FROM GOD**

- a) God's Help is Unmatched:
- b) A Shield in Times of Trouble:
- c) Guidance and Wisdom:
- d) Strength in Weakness:

**2. WHY WE NEED GOD'S HELP IN EVERY AREA OF OUR LIVES**

- a) Human Limitations:
- b) Spiritual Warfare:
- c) Facing the Unknown:
- d) To Fulfill Divine Purpose:

**3. HOW TO ACCESS GOD'S HELP IN YOUR LIFE**

- a) Acknowledge Your Need for Him:
- b) Call on Him in Prayer:
- c) Trust in His Timing and Method:
- d) Stay Faithful and Obedient:

**4. EVIDENCE OF GOD'S HELP IN THE LIFE OF BELIEVERS**

- a) Overcoming Impossible Odds:
- b) Provision in Times of Need:
- c) Deliverance from Enemies:
- d) Peace in the Storm:

**5. LIVING IN GRATITUDE FOR GOD'S HELP**

- a) Testify of His Goodness:
- b) Remain Humble and Dependent on God:
- c) Offer Sacrifices of Praise:
- d) Encourage Others to Seek His Help:

